

ASPIRING SHE

Digital Magazine

December-2020

Women Health & Fitness

Maternal Health &
Wellness Experts'
Opinions

Flashback

2020

*Women
Power!*

Fashion &
***Beauty
Showcase***
2021

Jewellery
TRENDS
2021

Vaishali Bafna
On Worry & Stress !

Wonder Woman
Amrita Marwah

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RENANI JEWELS



Renani Jewels achieved the title of "Most Diamond in a Single Ring" awarded by The Guinness World Records with '12638' natural diamonds encrusted in it.

Renani Jewels

It was a dream project of Renani Jewels' M.D. Harshit Bansal S/O Mr. Anil Bansal, to achieve this milestone.

The previous record was 7801 number of Diamonds broken huge difference.

Each and every Diamond was specifically tested natural which contains EF colour and VVS clarity, further these are the best qualities of diamond used in jewellery worldwide.



The ring is certified by International gemological laboratory (IGI) which is one of the most prestigious laboratory for Diamond Jewellery certification worldwide.

Ring weights 165.450 grams and 38.08 carat natural diamonds were used in it.

The ring is human wearable and the design is very comfortable.

The Ring's each individual petal is uniquely shaped and none of the petal is identical to each other which gives the ring a perfect blend of organic symmetry, design and alignment.

It took approx 3 years for concept development and designing a final product for a beauty like this.

The ring is named as "the Marigold diamond ring" and it is believed in Indian culture that Marigold brings prosperity and luck in everyone's life.

AVAMA JEWELLERS LAUNCHES THE FESTIVE JEWEL TROVE

'INAAYA'

Before you complete your festive shopping this year, you must make a checklist so that you don't miss out on anything. The festive season is here and an action-packed calendar calls for stunning jewellery. Enter, Avama Jewellers. Their new collection, titled 'Inaaya' is a perfect mélange of statement and contemporary jewellery.



The collection displays state-of-the-art manufacturing techniques with traditional handwork that offers an array of exquisite necklaces, earrings, bangles and rings. Avama Jewellers is also giving traditional ornaments a fresh makeover in pastel shades, chandbalis are studded with rich polkis enameling with dramatic detailing. Get your hands on classic finds embedded with rubies and emeralds encrusted in gold, which reflects royalty and opulence.



The new collection also offers diamond jewellery pieces studded with gemstones that are perfect for the festive season that you're headed to celebrate this season. Each jewelry piece is designed with utmost care and is very detail-oriented, reflecting true craftsmanship. Avama Jewellers brings promise of authenticity reflective of the brand's intrinsic philosophy and great heritage of trust. Every piece of the collection is crafted in 22K gold. The designs are a mélange of ornate and sculpted pieces in Gold, Diamonds and precious gems like Ruby, Pearl etc.



This year for your festive celebrations, with your mask or without them- do not forget to look graceful with the exquisite collection from Avama Jewellers. Festivals bring celebration



and Avama has always made sure to add to the festivities with its collection. Come; let's celebrate this fiesta with *Avama Jewellers!*



Store Address- 25A Camac Street, Kolkata. Vardan Market. Room #208, 2nd floor
Email- info@avama.in; ornamentshallmark@gmail.com
Contact- 9830399462/ +91 33 4601 2880

ASPIRINGSHE

Jewellery Trends 2021

JEWELLERY
COLLECTION
By Auama
AT
ASPIRINGSHE



Sanjana Shah



Sanjana Shah comes from an Art and Real Estate background. She took over her family's art gallery business - Tao Art Gallery, which is an established cultural hub of Indian art in Mumbai for twenty years. In the role of the Creative Director, she co-curates exhibitions, writes concept notes, ideates on new potential collaborations, and manages the gallery's brand image and sales. She is also working as an independent Art Curator and Consultant both in India and internationally. As an extension of her role as an Art Consultant, she works part-time in her family company, Group Satellite. She oversees the interiors and aesthetics and engages with clients and interior designers for art sales post-completion.

Your thoughts on the significance of art in Interior Designing in an Indian Context.

Coming from a real-estate background, I can personally attest to the immense value addition that good art can bring to ones home. Any interior design is incomplete without the finishing touches of complimenting art and accessories. Especially today with the Contemporary advent of more minimalist, chic and monochromatic interiors, art brings that necessary and refreshing pop factor to the entire look. I wouldn't say 'good art' refers to expensive art, because that tends to be a common misconception in India! Good art is any art that speaks to its audience, has roots in the current dialogue of art trends, and works well with the aesthetics of a place.

How art form has changed over the last decade in India?

My gallery, Tao Art Gallery, has witnessed the changing landscape of Indian art over the past two decades.

Art Curator

From the times when the works of our Modern Indian Masters like Hussain and Raza graced the walls in the early 2000's, to the 2008 financial crisis and the subsequent pick-up in the last decade with the ent ands at the brink of transition again as we enter the new decade, especially with the new normal triggered by this pandemic! The nature of the art scene in Mumbai in the initial years of the gallery limited intellectual and creative growth for both the art consumer and the curator. Today however things are different, the importance and value of art is rising again and a new meaning is associated with the term 'art appreciation' in India. This is the time to expand and encompass a wider idea of art that goes beyond the canvas, curation that explores dimensions, ideas, and parallel thinking in order to open the mind of the viewer. I believe art can be found in every single thing: installations, theatre, dance, literature, philosophies, music, all of these human expressions are an art in and of itself! It is necessary to create hubs that combine all of these elements into one symbiotic space. Digital too, is now a medium that must be explored thoroughly and virtual art rooms are now an irreplaceable feature for all shows. We are truly in the Contemporary era now and the art form isn't bound or limited by any mediums or the four white walls of a gallery.

I am perhaps not an entrepreneur in the truest sense of the word because I have taken forward the mantle of a family business. But alongside I have also expanded independently my passion of being an Art Curator and Consultant, both in India and Internationally. I have also initiated new avenues in Tao that help the gallery to engage with a larger audience and occupy a more meaningful space in the art world! I founded the #EducateForArt series with the sole purpose of conserving the rich heritage of global art and allowing audiences to explore the wonders of art in a truly experiential manner through wholesome workshops for kids and adults promoting Art Appreciation, Art History and Art Knowledge.

The journey has been incredibly fulfilling but yes, also slightly challenging. Any expansion will face resistance in the beginning just because you are nudging beyond and reaching higher. There is also the classic scenario of butting heads with the older minds in any organization when younger mindsets enter. The art world is fuelled by its social networks and being able to enter that and maneuver your way successfully is a task that requires careful effort and continuous engagement.

Despite every hiccup however, the one thing that kept me going was my passion for my profession! I am lucky to be doing what I love.

Your Journey as a woman entrepreneur, any challenges you have faced so far while?



How has the current pandemic changed the Art scenario

In the beginning we were all a bit skeptical about the Indian art market recovering from such a crisis! It seemed doubtful that people would want to invest in a luxury commodity like art in a situation like this. However, the art world's quick innovation and adaptability changed the game and by August, virtual shows and online auctions were booming! People definitely seem to now realize the increased value of living in beautiful homes when stuck indoors for such a prolonged period of time. Many people want to begin their art collection or re-decorate their homes.

Another great development has been the rise of creativity in this period. Any sort of crisis tends to fuel expression and our artists have not held back. A lot of good works have come out of this period and most with reasonable prices, perhaps triggering a newer trend of affordable art. The art from this time will definitely be a special collectible for connoisseurs and collectors to have and remember for decades to come.

From a technical perspective of course the first change was taking art shows entirely virtual. To keep online shows successful, the key will be to choose the art that can be done justice to when viewed online and the thematic curation of shows has to be strong to be eye-catching at a time when everyone is trying to grab eyeballs online.

Collaborating virtually and supporting one another not just nationally, but internationally, is the way forward for the global art world. I was given the opportunity to become the Indian ambassador for the Arte Laguna Prize 20.21 during this pandemic, and I have interacted with ambassadors from different countries on Zoom. So in fact in this global lockdown, there is an increase in mutual understanding and ideation.

Art will never only be about online viewings, in my personal opinion. I have always believed that the art piece is as much about the creator as it is about the viewer. The engagement, the interaction, is crucial and can only be done thoroughly when one is physically present to see it in all its forms and angles. With multi-media increasingly coming into use in Contemporary Indian Art, most art pieces are very layered and complexly created and this complexity cannot easily be captured on camera and experienced digitally. However, as I mentioned, technology has improved and with a 3D virtual tour it is possible to experience it online in a more than satisfactory way. This is however costly and in the long-term needs to be sustained with other types of engagement to generate sales. As curator it becomes even more crucial today for us to communicate ideas and concepts to the viewers experiencing the art digitally as to avoid anything getting lost in translation. The story-telling narrative in the art will also become even more crucial.

Your message to all our readers especially to other women entrepreneurs and professionals.

I believe that just like life, one's business too should strive to have a balance. Especially a balance between creativity and calculation! Extremism of any kind can lead to a collapse and consistency in character and commitment is crucial for any kind of success! I feel like as a woman entrepreneur especially in fields that are male dominated, there are moments one feels undervalued or insecure. However, I do believe that women are able to navigate life with better balance and perspective and have it in them to stay afloat no matter what. I would like to tell all my fellow women entrepreneurs and professionals that no matter what you are made to believe otherwise remember that you define who you are and who you want to become. So tap into your inner sense of self and know that sky is the limit!

Chahat Aggarwal



When did you think of founding Impact Study?

I'd say it's the mix of my problem-solving skills and my passion for fair play that got me to establish the Impact Study biz. It was taking too long to get products and services to the market and often at considerable expense; resulting in start-ups losing to the big players creating a sort of monopolization in business. I have seen how these businesses were simply struggling due to a lack of direction and a cohesive overall strategy.

Companies have been exuberantly exhausting their resources on creative and business consulting firms, only to find themselves struggling to bridge the gap between the results of the two. The ordeal of having to delegate finances and time on business consultation or brand positioning and lack of execution direction has been stunting the growth of several potential market leaders.

So as a solution, I started Impact Study Biz an amalgamation of Brand and Business strategy to help start-ups with time and budget-friendly cohesive strategy with execution tools. This provides companies with sustainable growth and access to market-creating fair opportunities for new products and services.

What are the core ideas and strategy you follow at Impact Study?

At Impact Study Biz we leverage technology and data science, to generate brand and business strategy that creates an impact in the market and brings real-world results. Our strategy is simple, we use data, we know how to read the market trends, and build predictable models through technology. The back of our backgrounds lies in branding and management; it gives us an extra advantage to bring these two things together. Our core idea is about building a fair-market. Every startup, innovator, an entrepreneur should have access to the strategy so that they can bring their products and services to consumers. That's how we build monopsony instead of a monopoly and we do just that, we bring working strategies to this start-up and help them establish themselves and grow their business.

How can one join and learn through Impact Study?

We are always hiring, so anyone who is interested can drop in an email to contact@impactstudybiz.com with the subject "employment application <profile you are applying for> " and as we see an opportunity fit for the applications we received we hire them. We provide on the job training, we believe that theories are useful but when you actually do the work and get into the core reality of it that is what builds a useful experience.



IMPACT STUDY

Grow your business

What are the opportunities you're building for youngsters?

We hire a lot of freshers and interns in different segments, providing them opportunity to pick from full time, part time or project related engagement. I believe everyone has their unique way of working and we encourage creativity, out of the box ideas and let them explore their own way to get things done. It's all about building accountability, ability to take decisions, meeting KPIs without putting blinders on them. I promote independent ideas rather than conformity. This helps build them into responsible professionals.

Your Core Strengths?

I say that our superpower is problem-solving. To be able to do that effectively we are Grounded, Creative, and Audacious. It's this combination that keeps us picking up big problems and we always find a creative solution for it. But it's our grounded attitude, that reminds us that whatever action we take needs to bring results. Hamilton really captures the senses of your entire company with this line- "I am just like my country, Young Scrappy and Hungry". That's what our strength is! We value time and money, just like every other startup. hence we are accountable for our actions for our clients and we make sure that instead of asking them to dream smaller, we work hard to get them closer to their goals in a sustainable way.

Is Worry Necessary To Live?

This article explains worry becoming the most essential ingredient of learning, growing and living and shares a way to overcome it.



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With changing lifestyles, we have evolved and adapted ourselves to a new pattern of thought: "I need to worry in order to live to my satisfaction." Worry has become a survival tool instead of a threat. We use this tool to expose ourselves to constant threat and keep us in survival mode so that it necessitates the actions needed for us to move forward in our lives.

Worry has permeated into every aspect of our lives. We worry about our work, careers, hobbies, relationships, children, social settings, future, past experiences and even about how to spend our free time. It has gone beyond becoming a habit or addiction; it has become an integral part of each of us, so much so, that it is easily passing down to our future generations as genetic inheritance.

While the adults have chosen to be driven by this diabolical thought, it is disheartening to see the new age childhood so inflicted by it, not giving children the choice of free thinking. Children barely learn to move and explore at the time when they are exposed to unfathomable learning targets. They find themselves running from one skill class to another, one tuition to another, one activity to another chasing the finishing line that they can barely understand, gauge or even see.

All parents feel that this is essential exposure but can one think from the mind of a child who thrives on feeling rewarded from the environment? A child learns to sit, crawl, walk, talk, run



Vaishali Bafna

Educationist, International Brain
Gym Consultant & Instructor,
Education Kinesiologist,
Founder of Thinkashram Centre
for learning and growth



THINKASHRAM

and move in various ways by observing and imitating to be able to do what others do. In the early years, a child's brain develops through replicating, mapping and building the different contexts of the world as he or she learns to imitate. When children are exposed to a fusillade of expected outcomes, which may not be appropriate to their developmental stage, they become confused, are unable to focus with the same zest and lose interest. What they learn over time is what they pick from such lifestyle - **'WORRY'**.



ONLINE KINESIOLOGY COURSES FOR ADULTS - BRAIN GYM, VISION CIRCLES

Free movement develops mindfulness and learning develops thinking. The new age childhood is skewed where minds are pushed to think and learn but are not supported by productive movement, thus stunting the development of the brain. Children begin to engage in structured sport activities way before engaging enough with the unstructured. They engage in cognitive learning classes with difficult targets before they develop their brain and body enough to engage with them.

***"Don't be stuck
in worries.
Move to be in
flow with life."***

- Vaishali

***A Mindful
Soul is a
Worry-Free
Soul***

They learn to play musical instruments without developing the dexterity and strength for readiness. How much they learn and gain in terms of quality, no one knows; but, for sure they learn one thing - compensations. This skewed brain development soon manifests in lack of interest, erratic behaviour, socio-emotional and cognitive struggles. It is not rare to hear of a four-year-old not wanting to engage in outdoor activities, or for a student to express huge reluctance to writing. "My child is a fussy eater....My child is lazy and simply procrastinates from taking responsibility...My teenager is unable to cope with pressure and emotions..." Parents are only left with accepting these dilemmas.

Kinesiology is the promise for the present childhood. It not only enables whole brain development but more importantly, it facilitates it through goal driven movements - simple but profound and essential for the development that has somehow not been explored enough while growing up.

Thinkashram, focussing on specialised programs anchored through mindful thinking, is an organisation promoting kinesiology based education for all ages across a wide spectrum of personal and professional growth and development related objectives; it educates children and adults not only of what they want to learn but also empower them with understanding and improving their mindfulness.

Children attend personalised programs for diverse reasons - academic, socio-emotional, behavioural - where a wholesome and multi-faceted plan secures them with a growth mindset to life instead of a worried mindset. A specialised parent-child developmental program is also offered for babies in their first year. Private consultations are offered to teenagers and adults to facilitate them to move forward when they feel stuck in any aspect of their lives, be it for education, work, relationship, self, etc.

NATIONAL DOCTORS' DAY



SAUMYATA TIWARI

Founder - AspiringShe & NationTalks

Campaign Curator & Host

SAUMYATA TIWARI

Moderators

JYOTI AGARAWAL
KULPREET FREDDY VASUNA

SPEAKERS



Dr. Amrita Saha



Dr. Shital Punjabi



Dr. Priyanka
Dubey



Dr. Bhavna Mittal



Jyoti Agarawal -
Founder Maa2Mom



Rashmi Sharma



Kulpreet Freddy
Vasuna - Founder Impact PR



Dr. Naima Afreen



Dr. Chintan
Chaudhary



Dr. Neha Gupta



Dr. Alpna Kansal



Dr. Khushboo
Juneja



Dr. Manisha
Saxena



Dr. Sheeba
Marwah



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Maternal Health & Child Care

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Health Fitness Virtual Events 2020

SHOW MODERATORS



Saumyata Tiwari




Kulpreet Vesuna



Jyoti Agrawal



Deepti Somani

A woman with dark hair pulled back, wearing a vibrant blue halter-neck dress with a wide waistband and a full skirt. She is holding the sides of her skirt with both hands, looking directly at the camera. The background is black with a large, stylized red letter 'W' behind her.

*The
Versatility
of common
woman makes
her A Wonder
Woman*

*Amita
Marwah*

Beauty - How passionate are you about it !

Being responsible is the true beauty of a woman. I feel that I am passionate about the statement in a whole. Taking care of yourself, the family and the neighbourhood thoroughly gives the joy of freedom and that freedom brings out the beauty in a woman.

'Glamour And Sensuality' How would you define It for All Women !

We are all painters and sculptors, the meaning is dynamic, it varies on a different level for everyone. Personally, the assertiveness and simplicity makes a person glamorous.

Sensuality is an essence which is gifted to every women, one just needs to explore.

There were many Challenges ups and downs you have seen in life ! What keeps you motivated ?

From the early ages, I have been a lucid dreamer because of which I have been able to have a control in my life, with a strong will power. I grew up in Amritsar during the Anti Sikh Riots, the families had to be conservative in such an era which brought out the competitive spirit in me, I was brought up a warrior.

The warrior spirit in me is passionate about art fields because of which I am a 3rd Dan Black belt In Martial Arts, International Gold Medalist, Child Counselor, Social worker, Kathak Dancer, Art and

Craft Teacher, Pranic Healer and Psychotherapist, Also running a society for the underprivileged kids AMAT (Amita Marwah Activity Team)

The constant need to learn new art keeps me motivated, now I am participating in the yoga competitions.

What for you is eternal bliss when it comes to 'spiritual path'!

Bliss of the soul is eternal which is directly proportional to the surroundings one dwells in. A responsible mind can enjoy the true bliss of spirituality. Time management is the key to attain it.

A Favourite day in your life , pl share with all !

I still remember the occasion of Shivratri when I experienced getting extremely high (Bhaang Prashad).

The experience was one of a kind, where I felt the four levels of the spiritual world, the outer body situation and the scenic episodes of Lord buddha. I was in the essence of total bliss.

I had a feeling that after one and a half hour I would die, the death felt like salvation but my family would strike my mind on intervals, where I was torn between the salvating death or my family. I could feel the buddhist

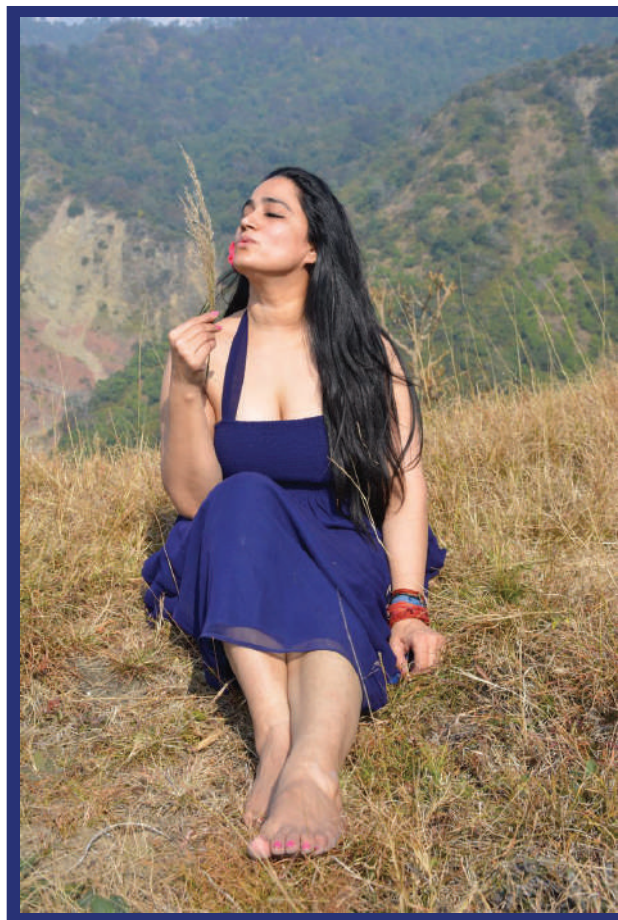
crown my head. The hallucinations, audible and visual were truly enchanting.

It was really a spiritual and one of my favourite days.

What's Your Fashion & Style Statement !

Adapatability of the surroundings in you, For me it is the true fashion statement.

I like the versatility either it be my clothes or my personality.



You have received many accolades in past 10 years, can you share few with us ?

God has been kind and I believe in working towards my goals and serving society, To mention few

- * Zee TV Punjab Haryana Himachal
- * Haryana Women Commission
- * Child welfare Department
- * District Admin Department
- * India TV
- * Janta TV
- * 94.3 My FM
- * Lifestyle Magazine
- * Newspaper association if India
- * Filmstars - Shilpa shetty, Vivek obero, Kunicka Sadanand, Akhil Mishra, Nandita Om Puri, Navni Parihaar Etc more than 75 awards in different fields.

Your message to all other women

Spend the maximum time with your own family, you can create a delightful atmosphere in the surroundings instead of looking for company in others. Keep your passion alive, manage your time, exercise daily and give peace to your mind.

In conclusion, be responsible!

Your Favourite one liner which you love to follow !

"Work while you work, Play while you play!"

Dolly Jain



Dolly Jain, Celebrity Drape Artist who has draped big names like **DEEPIKA PADUKONE, SONAM KAPOOR, PRIYANKA CHOPRA** and **ISHA AMBANI**, for their Wedding and Reception.

She holds the world record for draping Sarees in 325 ways and is the Fastest Saree Draper to make a **Guinness record** of 18.5 sec.

Highly personable, with a great eye for style, Dolly's work was featured in the Limca Book of Records, Asia book of Records, World record, Coca-Cola awards and many others.

Dolly Jain has decoded exclusive styling tips for the upcoming festive season, based on her vast knowledge and experiences.



Know Parul Goyle Bansal

Founder - South Delhi Circle Of Moms



How did you created SDCM Group ?

In 2014, we created a community on the Facebook Platforms, i.e. Facebook and Instagram called "South Delhi Circle of Moms (SDCM)". As the name suggests, the platform is built around and provides an opportunity to all Indian women including but not limited to moms, sisters, daughters and housewives who want to showcase and become an online entrepreneur. SDCM is a platform for a member to advertise, promote and market their products and/or services to the other members of the group. Currently, our Facebook Group, which is Private has more than 25000 organic members.

Each person who requests to join our group is screened by our team before approval to ensure the authenticity, credibility and existence of the person and their product/service to prevent

any fake account, illegal product/service, criminal activities and unethical activities that may be promoted on the group. The main aim of SDCM is to help promote and boost all Women Operated Businesses (small and big) in India. We also provide marketing and advertising solutions to brands, subject to the product being in sync with the aim of the group.

Your Life Mantra ?

Live and let live !

Your Message To All Other Women Entrepreneurs!

**Never give up & never shift your focus-
You're almost there !**

You are French Language Expert ? How did you think of getting into this profession ?

During my college years, I was looking for a professional part time course and got to know about this diploma course in french, it sounded so fascinating at that time, learning a foreign language that too french, as i always was a huge fan of Victor Hugo and Honoré de Balzac, so cudnt suppress the literature lover in me to do the course, totally unaware of the professional advantages, But in the first senester itself with the record breaking marks and encouragement from my professor, i decided to take it forward as my career. As guided by my teacher, after completing Advanced Diploma from the university, for further enhancing my skills, i joined alliance Française de delhi.

What are your teaching methods ?

At Réussi, we use all media tools to make our students learn with proficiency. We use all the CLE certified books for the preparation of DELF, all levels, right from DELF prim to tout. Our major focus is on the pronunciation and comprehension skills.



How do you see the future of learning this language ?

French being the second most spoken and learnt language of the world, is broadning its canvas day by day. In 20 years of my career, I have seen the steep rise in the number of people learning as the lucrative careers awaits for the french know ing people.

So the future for french is brighter than most of us can see.

What are the career options for French Speaking professionals?

Academic qualifications and sound proficiency in foreign languages is the key that opens a more large-scale door for a career in vital sectors. It includes tourism, diplomatic services, embassies, journalism, mass communication, and public relations, entertainment, arts, publishing, interpretation and translation, federal and international organizations. Few Career Options are

BECOME A TRANSLATOR, INTERPRETER OR TEACHER

In conversation with Sugandha Mishra The French Language Expert Trainer & Mentor

- WORK FOR THE IMMIGRATION / CUSTOM SERVICES
- JOBS IN MNC, KPO, BPO, & IT
- HOSPITALITY, TRAVEL & TOURISM
- REAP BIG FROM IMPORT & EXPORT SECTOR

It is a win-win situation for you at any time and in any location.in foreign languages is the key that opens a more large-scale door for a career in vital sectors.

How can people join you for the classes ?

To join us, right now, in this COVID situation, has become easier for everyone, from anywhere around the world.

We have come totally online and students from across the globe have started learning with us.

Soon we will start our physical classes also for the local students.

Online classes will continue for outstation students on a secured platform.

To join us in this creative learning you can drop a message in the inbox of fb page or you can contact us on the given number.

Your message to all youngsters

The innovative advent of modern technology has made the world a global village, and now, more than ever, the language barrier has to be broken.

To remain competitive and increase your career opportunity and job prospect, you have to communicate smoothly to pave the way for unfettered business connection flows.

And here is where learning a new language becomes the latest trend in India and offers career in Foreign languages.

Our Esteemed Guests And All Awardees











ASPIRING SHE



All Partners



ASPIRINGSHE



4th & 5th Edition - Virtual Awards



Amruta Fadnavis



Arti Singh



Divyanka Tripathi



Rekha Khan



Heena Khan



Jyoti Aggrawal



Payal Ghosh



Angela Krislinzki



Ridhima Pandit



Adaa Khan



Aastha Atray



Sukhmani Sadana



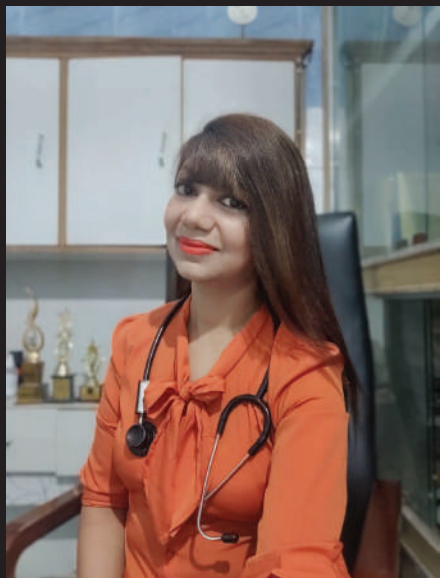
Archana Pania



Chahat Khanna



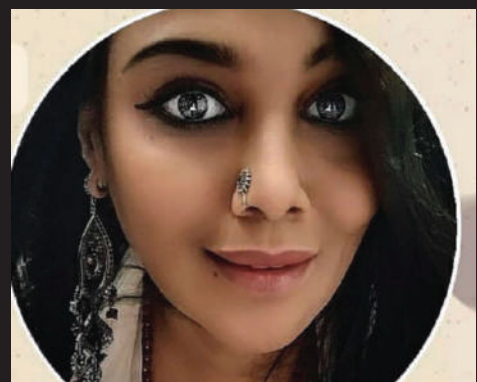
Nivedita Basu



Dr. Sukeshtni Aggrawal



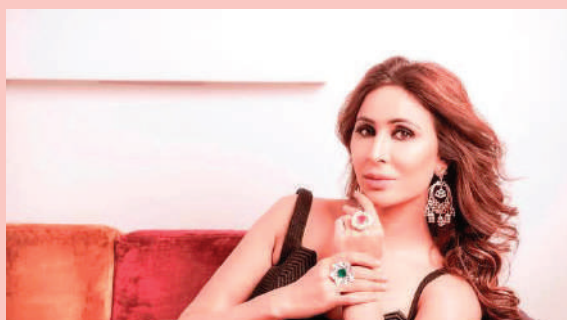
Kulpreet Vesuna



Kalpana Chaudhary



Preeti Sood



Shagun Gupta



Aarti Saiya



Alka Singh



Aabha Singh



Dolly Thakore



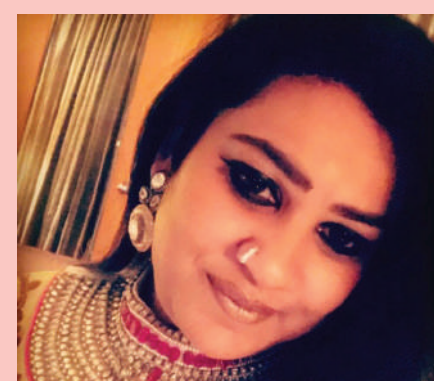
Sudha Shrimali



Asis Sethi



Toolika Rani



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JANUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FEBRUARY

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7	8	9	10	11	12	13
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28						

MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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28	29	30				

DECEMBER

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